



American Cheer Power Point Deduction System



Athlete Bobbles

Bobbles during individual skills will result in a .25 deduction for each occurrence.

Examples:

- Hands down on tumbling
- Knees touch ground in back handspring

Athlete Falls

Falls during individual skills will result in a .5 deduction for each occurrence.

Examples:

- Drops to the floor during individual skills (tumbling, jumps, etc.)

Stunt Bobbles

Bobbles during stunting skills will result in a .5 deduction for each occurrence.

Examples:

- Stunts and Pyramids that almost drop/fall, but are saved
- Incomplete twisting cradles
- Knee or hand touching ground during cradle or dismount
- Severe balance checks

Stunt Falls

Falls during stunting skills will result in a 1.0 deduction for each occurrence.

Examples:

- Drops from individual stunt to a cradle
- Drops from individual stunt to a pop down dismount

Stunt Falls (Major)

Falls during stunting skills will result in a 1.5 deduction for each occurrence.

Examples:

- Fall from individual stunt to the ground
(Top person lands on ground or multiple bases land on ground)

Stunt or Pyramid Collapse

Collapses during stunt or pyramid skills will result in a 2.0 deduction for each occurrence.

Example:

- If a stunt drops to the ground (1.5) and then rebuilds in the same stunt sequence and drops again (1.5), the maximum deduction issued will be a 2.0.
- If only an individual stunt performs an error during the pyramid sequence, then only a 1.0 or 1.5 deduction will be assessed.

Time Limit Violations

Time limit violations are as follows:

- 3-5 seconds over time will result in a .5 deduction
- 6-10 seconds over time will result in a 1.0 deduction
- 11 or more seconds over time will result in a 2.0 deduction

Boundary Violations

All skills must originate and be completed within the competition boundary. No lineups, skills, or transitions are allowed outside of the competition boundary. Anytime a participant unintentionally steps outside the competition boundary, they must return immediately. The competition boundary is defined as the actual spring floor, the carpet bonded foam panels that connect to the spring floor, and any additional border that supports the spring floor.

Excessive out of bounds is not allowed and will result in a .5 deduction for each occurrence.

Excessive out of bounds includes stepping, with both feet, completely off of the performance mat and it's borders.

(Stepping on, or just past the white tape is not a boundary violation).

General Violation

Allstar / Allstar Prep - Cheer Power General Guideline Violations will result in a 2.0 deduction for each occurrence.

School / Youth League - Cheer Power General Guideline and AACCA General Guideline Violations will result in a 2.0 deduction for each occurrence.

Safety Violation

Allstar / Allstar Prep - USASF/IASF Safety Violations will result in a 2.0 deduction for each occurrence.

School / Youth League - Cheer Power School / Youth League Rescription Violations and AACCA Safety Guideline Violations will result in a 2.0 deduction for each occurrence.

Age Division Violation

Age Division Violations will result in a 2.0 deduction for each occurrence.

