



**2009 - 2010
AMERICAN CHEER POWER
SCHOOL CHEER TEAM AGE DIVISIONS**



NOVICE			
YOUTH			
Novice Youth	6th Grade & Below	Female / Male	5 - 36 Members
JUNIOR HIGH / MIDDLE SCHOOL*			
Small Novice JH / MS	9th Grade & Below	Female / Male	5 - 15 Members
Large Novice JH / MS	9th Grade & Below	Female / Male	16 - 36 Members
HIGH SCHOOL			
Small Novice High School	12th Grade & Below	Female / Male	5 - 12 Members
Medium Novice High School	12th Grade & Below	Female / Male	13 - 20 Members
Large Novice High School	12th Grade & Below	Female / Male	21 - 36 Members
INTERMEDIATE			
YOUTH			
Intermediate Youth	6th Grade & Below	Female / Male	5 - 36 Members
JUNIOR HIGH / MIDDLE SCHOOL*			
Small Intermediate JH / MS	9th Grade & Below	Female / Male	5 - 15 Members
Large Intermediate JH / MS	9th Grade & Below	Female / Male	16 - 36 Members
HIGH SCHOOL			
Small Intermediate High School	12th Grade & Below	No Males	5 - 12 Members
Medium Intermediate High School	12th Grade & Below	No Males	13 - 20 Members
Large Intermediate High School	12th Grade & Below	No Males	21 - 36 Members
Coed Intermediate High School	12th Grade & Below	Female / Male	5 - 36 Members
ADVANCED			
JUNIOR HIGH / MIDDLE SCHOOL*			
Advanced JH / MS	9th Grade & Below	Female / Male	5 - 36 Members
JUNIOR VARSITY / FRESHMAN*			
Advanced JV/Freshman	12th Grade & Below	Female / Male	5 - 36 Members
HIGH SCHOOL			
Small Advanced High School	12th Grade & Below	No Males	5 - 12 Members
Medium Advanced High School	12th Grade & Below	No Males	13 - 20 Members
Large Advanced High School	12th Grade & Below	No Males	21 - 36 Members
Coed Advanced High School	12th Grade & Below	Female / Male	5 - 36 Members
Private Advanced (Teams must be from a privately funded school.)	12th Grade & Below	Female / Male	5 - 36 Members
NON-TUMBLING			
HIGH SCHOOL			
Non-Tumbling High School	12th Grade & Below	Female / Male	5 - 36 Members
NON-BUILDING			
JUNIOR HIGH / MIDDLE SCHOOL*			
Non-Building JH / MS	9th Grade & Below	Female / Male	5 - 36 Members
HIGH SCHOOL			
Non-Building High School	12th Grade & Below	Female / Male	5 - 36 Members
GAME DAY			
JUNIOR HIGH / MIDDLE SCHOOL*			
Sideline Cheerleading JH / MS	9th Grade & Below	Female / Male	No Team Size Limit
Fight Song JH / MS	9th Grade & Below	Female / Male	No Team Size Limit
Time Out Dance JH / MS	9th Grade & Below	Female / Male	No Team Size Limit
HIGH SCHOOL			
Sideline Cheerleading High School	12th Grade & Below	Female / Male	No Team Size Limit
Fight Song High School	12th Grade & Below	Female / Male	No Team Size Limit
Time Out Dance High School	12th Grade & Below	Female / Male	No Team Size Limit
COLLEGE			
COLLEGE			
Co-Ed / All-Girl	Enrolled in College/University	Female / Male	5 - 36 Members

*Teams comprised exclusively of 9th Graders MUST compete in the JV / FRESHMAN Division.

American Cheer Power will follow the AACCA Guidelines. The athlete's 2009-2010 School Grade will be the determining factor for Age Division.

American Cheer Power reserves the right to split, combine and/or delete any division listed based on enrollment prior to event.

Please refer to the American Cheer Power Competition and Safety Guidelines for Age Eligibility, Skill Restrictions and Enrollment Requirements.