

**08-09 AMERICAN CHEER POWER SCORING GRID
LEVEL 1**

The following grid outlines the point ranges for specific skills performed by a **MAJORITY** of the team. In each skills set, the majority of the team must master a specific skill (or combination of skills) as listed in the scoring range. Skills performed with Below Average Technique and Perfection will place the team at the lower end of the range. Skills performed with Average Technique and Perfection will place the team in the middle of the range and skills performed with Above Average Technique and Perfection will place the team at the higher end of the range.

TUMBLING	STUNTS	PYRAMIDS	MOTIONS & DANCE	JUMPS
9.0 – 10.0	9.0 – 10.0	9.0 – 10.0	9.0 – 10.0	9.0 – 10.0
<ul style="list-style-type: none"> Series Combination (Cartwheels, Round-Offs and Walkovers) Walkover Series 	<ul style="list-style-type: none"> Specialty Mounts or Transitions to Extension Preps or Prep Level Awesomes 	<ul style="list-style-type: none"> Specialty Mounts or Transitions to Extensions or Awesomes 	<ul style="list-style-type: none"> Elite Multiple Transitions and Level Changes Strong Footwork and Floor work Strong Energy / Entertainment Value 	<ul style="list-style-type: none"> Hyper Extended Jumps
8.0 – 9.0	8.0 – 9.0	8.0 – 9.0	8.0 – 9.0	8.0 – 9.0
<ul style="list-style-type: none"> Walkovers Series Combination (Cartwheels or Round-Offs to/from Walkovers) 	<ul style="list-style-type: none"> Extension Preps Prep Level Awesomes Shoulder Stands 	<ul style="list-style-type: none"> Extensions or Awesomes 	<ul style="list-style-type: none"> Advanced Multiple Transitions and Level Changes Good Footwork and Floor work Good Energy / Entertainment Value 	<ul style="list-style-type: none"> Level to Hyper Extended Jumps
7.0 – 8.0	7.0 – 8.0	7.0 – 8.0	7.0 – 8.0	7.0 – 8.0
<ul style="list-style-type: none"> Round-Offs Series Combination (Cartwheels and Round-Offs) Combination of Round-Off and Advanced Jump 	<ul style="list-style-type: none"> Liberty Variations (Below Prep Level) 	<ul style="list-style-type: none"> Prep Level Liberty Variations 	<ul style="list-style-type: none"> Intermediate to Advanced Moderate Transitions and Level Changes Some Footwork and Floor work Good Entertainment Value 	<ul style="list-style-type: none"> Below Level to Level Jumps
6.0 – 7.0	6.0 – 7.0	6.0 – 7.0	6.0 – 7.0	6.0 – 7.0
<ul style="list-style-type: none"> Back Bend Kick-over Cartwheel Series 	<ul style="list-style-type: none"> Dead Man Lifts Extended Straddle Sits Thigh Stand Liberty Variations Liberties (Below Prep Level) 	<ul style="list-style-type: none"> Prep Level Liberty 	<ul style="list-style-type: none"> Intermediate Moderate Transitions and Level Changes Good Entertainment Value 	<ul style="list-style-type: none"> Lowest Level to Below Level Jumps
5.0 – 6.0	5.0 – 6.0	5.0 – 6.0	5.0 – 6.0	5.0 – 6.0
<ul style="list-style-type: none"> Back Bends Cartwheels 	<ul style="list-style-type: none"> Thigh Stand Liberty 	<ul style="list-style-type: none"> Extension Preps Prep Level Awesomes 	<ul style="list-style-type: none"> Basic to Intermediate Minimal Transitions and Level Changes Minimal Entertainment Value 	<ul style="list-style-type: none"> Lowest Level Jumps
4.0 – 5.0	4.0 – 5.0	4.0 – 5.0	4.0 – 5.0	4.0 – 5.0
<ul style="list-style-type: none"> Forward Rolls Backward Rolls Bridge Ups 	<ul style="list-style-type: none"> Thigh Stands Shoulder Sits 	<ul style="list-style-type: none"> Thigh Stands 	<ul style="list-style-type: none"> Basic, Little or No Transitions and Level Changes Lacks Entertainment Value 	<ul style="list-style-type: none"> Basic Jumps