

**09-10 AMERICAN CHEER POWER SCORING GRID
LEVEL 1**

The following grid outlines the point range for specific skill sets performed *by a MAJORITY of the team*. Judges will consider difficulty, variety and creativity when deciding on a specific score. Skills performed by less than a majority of the team will move the score into a lower point range. Multiple skill sets performed by a majority of the team, may be scored in a higher point range. Execution/Technique for each skill category will be scored separately on the score sheet.

STUNTS	PYRAMIDS	STANDING TUMBLING	RUNNING TUMBLING	JUMPS
8.0 – 9.0	8.0 – 9.0	8.0 – 9.0	8.0 – 9.0	8.0 – 9.0
<ul style="list-style-type: none"> Specialty Mount/Transition to/from Extension Prep Specialty Mount/Transition to/from Liberty Variation (Below Prep) 	<ul style="list-style-type: none"> Specialty Mount/Transition to/from Extension or Awesome 	<ul style="list-style-type: none"> Series Combination (Cartwheel, Round-Off and Walkover) Walkover Series 	<ul style="list-style-type: none"> Series Combination (Cartwheel, Round-Off and Walkover) Walkover Series 	Advanced Combination
7.0 – 8.0	7.0 – 8.0	7.0 – 8.0	7.0 – 8.0	7.0 – 8.0
<ul style="list-style-type: none"> Extension Prep Liberty Variation (Below Prep) Shoulder Stand 	<ul style="list-style-type: none"> Extension or Awesome Specialty Mount/Transition to/from Prep Level Liberty Variation 	<ul style="list-style-type: none"> Walkover Series Combination (Round-Off or Cartwheel to/from Walkover) 	<ul style="list-style-type: none"> Walkover Series Combination (Cartwheel or Round-Off to/from Walkover) 	Advanced Jump
6.0 – 7.0	6.0 – 7.0	6.0 – 7.0	6.0 – 7.0	6.0 – 7.0
<ul style="list-style-type: none"> Liberty (Below Prep) Extended Flat Backs Extended Straddle Sit 	<ul style="list-style-type: none"> Prep Level Liberty Variation Specialty Mount/Transition to/from Prep Level Liberty 	<ul style="list-style-type: none"> Round-Off 	<ul style="list-style-type: none"> Series Combination (Cartwheel and Round-Off) 	Basic Jump
5.0 – 6.0	5.0 – 6.0	5.0 – 6.0	5.0 – 6.0	
<ul style="list-style-type: none"> Thigh Stand Liberty Variation 	<ul style="list-style-type: none"> Prep Level Liberty Specialty Mount/Transition to/from Extension Prep/Awesome 	<ul style="list-style-type: none"> Back Bend Kick-over Cartwheel 	<ul style="list-style-type: none"> Cartwheel Series Round-Off 	
4.0 – 5.0	4.0 – 5.0	4.0 – 5.0	4.0 – 5.0	
<ul style="list-style-type: none"> Thigh Stand Liberty 	<ul style="list-style-type: none"> Extension Prep Prep Level Awesome 	<ul style="list-style-type: none"> Back Bend Handstand 	<ul style="list-style-type: none"> Cartwheel 	
3.0 – 4.0	3.0 – 4.0	3.0 – 4.0	3.0 – 4.0	
<ul style="list-style-type: none"> Thigh Stand Shoulder Sit Ground Level 	<ul style="list-style-type: none"> Thigh Stand Ground Level 	<ul style="list-style-type: none"> Forward Roll Backward Roll Bridge Up 	<ul style="list-style-type: none"> Forward Roll Backward Roll 	