

CHEER INDIVIDUAL EVENT GUIDELINES

INDIVIDUAL ATHLETES MUST CHOOSE AT THE BEGINNING OF THE COMPETITION SEASON:

- To compete in Best Cheerleader, Elite Best Cheerleader or Crowd Pleaser (solo). Exception Groups: Any soloist may compete in any group. NOTE: The SAME group cannot compete in Elite Cheer Group, Best Cheer Group and/or Crowd Pleaser Group.
- Athletes 17 or 18 yrs. of age and out of high school **MUST** decide to compete Varsity or Open.

NOTE: Athlete's must remain in chosen division/category the entire competition season.

PARTICIPATION REQUIREMENTS:

- Must have **COACH'S APPROVAL.**
- You must cheer for an All-Star, All-Star Prep, School, or Youth League Program of some kind and must practice and compete/perform with that Program.
- An individual's TEAM is NOT required to compete with Cheer Power.
- Participants in group, partner stunt or group stunt, all have to be members of the same program. (The only exception is the Open or Pro-Open Division).
- Cheer Power Staff **will NOT** provide a sound system in the warm-up area at any competition. Individual Event Athletes will need to bring their own sound system (if needed) in the warm-up area. Cheer Power will provide a sound system for Individual Events on the Performance Floor.

DIVISION CLARIFICATION:

- All-Star, All-Star Prep, School and Youth League Individuals will compete together at ALL competitions (including Nationals).
- All solo males will be separated out for competition and awards in the **Junior and up** age divisions at all competitions.

INDIVIDUAL EVENT GENERAL GUIDELINES

(-1 POINT PENALTY FOR VIOLATION OF THE FOLLOWING)

CATEGORY VIOLATION – SEE INDIVIDUAL EVENT DESCRIPTIONS

CHEER EVENT ATTIRE –

- Cheer athletic wear and soft-soled shoes must be worn while competing. No dance shoes/boots, and/or gymnastics slippers (or similar) allowed. Shoes must have a solid sole.
- Costumes or accessories that appear to be a hazard to the athlete's safety will be considered non-cheer athletic wear.

GUM and/or CANDY are PROHIBITED.

OUT OF BOUNDS - Excessive out of bounds is not allowed in cheer individual events. Excessive out of bounds includes, but is not limited to: running, walking, tumbling and/or landing **completely off** of the foam/mat.

Vulgarity- Vulgar/Suggestive/Offensive movements, words or music is not allowed. Routine should be appropriate for family viewing.

NATIONAL GUIDELINES

- No Bid is necessary to attend Nationals.
- **An Individual's team is not required to attend a competition.**
- All-Star, All-Star Prep, School and Youth League Individuals will compete together.
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INDIVIDUALS WITHOUT COMPETITION

ANY INDIVIDUAL AT NATIONALS WITHOUT AT LEAST ONE OTHER INDIVIDUAL IN THAT DIVISION WILL HAVE THE FOLLOWING CHOICES REGARDING NATIONAL COMPETITION:

- The individual participant(s) may choose to stay in a division without any other competitors, with the understanding that they will have to meet a predetermined score in order to receive National Champion Jackets.
- If the pre-determined score is **NOT** met, then the winner will be declared and announced as a **National 1st Place Champion. NATIONAL 1ST PLACE CHAMPIONS WILL RECEIVE A PRESTIGIOUS NATIONAL CHAMPION AWARD AND 1ST PLACE HOODIE IN PLACE OF THE JACKET (hoodies must be ordered in Registration).**
- The individual participant may choose to receive a refund of their National's entry fee for that particular category.
- Pre-determined scores will be given to the coaches at Registration.